

Tutorial Feast Gear

Dinner on Saturday evening in the SCA is called **FEAST**.

Now, the food will be taken care of by the cooks. You have nothing to worry about...

But there are a few things you need to eat. What kind of plate? Fork & knife? Cup?
Here are a few examples!



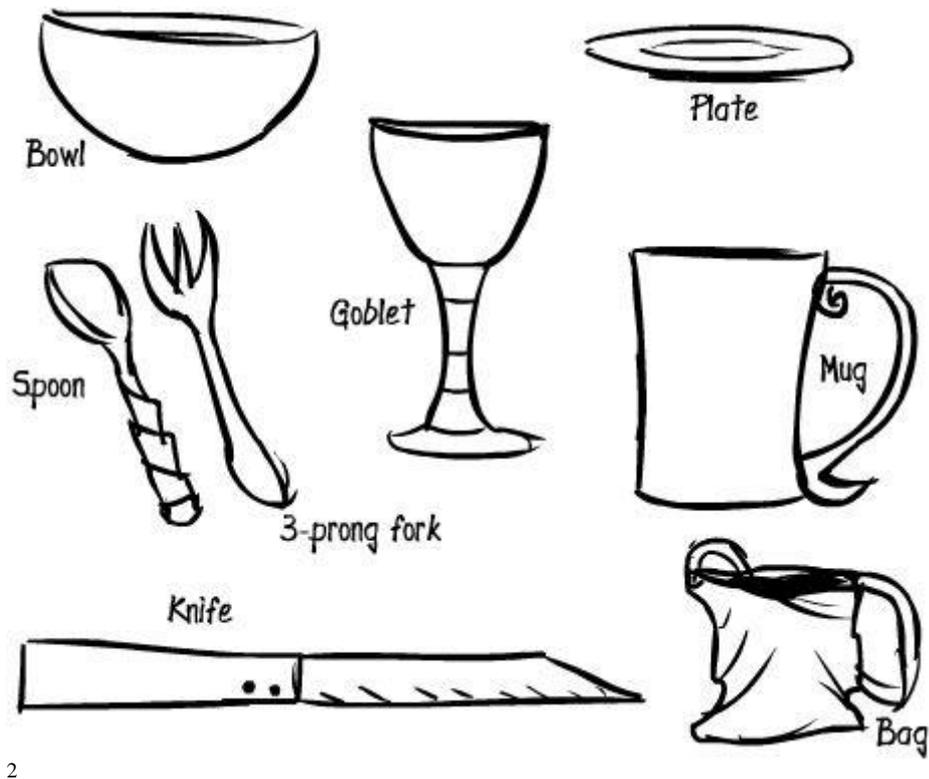
Look at this table¹. Many plates and cups and we can see 2 knives.

Getting your own feast gear set does **not** have to be expensive! If you follow these steps you will be fine!

Here is a list of items you need:

- A plate
- A bowl
- A knife, fork and spoon
- A goblet
- A cup
- A bag or basket to carry your gear

¹ Limburg Brothers, "Les très riches heures du duc de Berry" (1413-1416).



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The best place to go to first is the second hand shop. You can find amazing cups and goblets at almost no cost! Take a look at the examples to find something in style.



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² Picture from Noob in the SCA, blogpost 23 Sep 2011 "Gearing up feast gear" <http://scanub.blogspot.com>, accessed 9 Nov 2021

³ Pictures by S. Klerks

A plate is a big thing, and especially if it is made of porcelain it might be difficult to keep it in one piece.

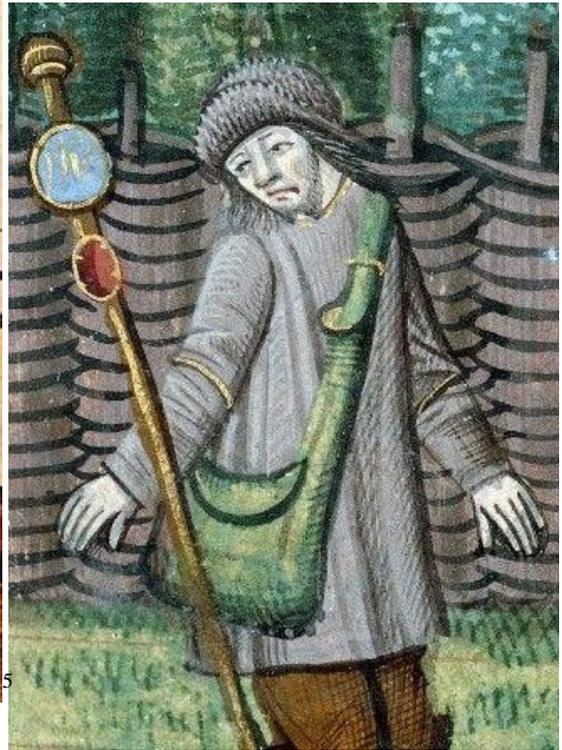
Dille & Kamille has 12 shops in Belgium so hopefully there is one in your area. We recommend one of these plates, they are made of wood and are hard to break! They come in 3 different sizes, 20cm, 25cm and 35cm.



Knife, fork and spoon aren't easy to find in the medieval style. Don't worry about this. Just bring what you can find because this is a hobby that grows. So will your stock of items to bring. If we stick to Dille & Kamille, they have a range of cheap wooden spoons that you can easily bring to an event.

You will need a bowl for soup or porridge. Again, try to find one at Dille & Kamille. They have wooden bowls! A wooden bowl is also widely available at second hand shops.

Fork, spoon and knife which are in style can perhaps be found at Etsy or at other online shops. Make sure you buy from a buyer that includes the size of the forks (etc). A regular fork is about 20cm. You really don't want anything bigger!! Forks in the middle ages were usually just a stick like object with which you could pick up your food. They aren't anything like modern forks. It takes getting used to and that is ok. If you don't like that, just use a normal fork!



Bags or baskets were used to carry things around in the Middle Ages. Finding a basket at the thrift shop will not be difficult. Making a satchel out of a piece of fabric isn't too challenging either but if that is new for you, again JUST ASK.



⁴ Ibn Butlan “*Tacuinum Sanitatis in Medicina*” 11th century

⁵ Alexandre de La Fons Bon de Mélicocq, “*De l’artillerie de la ville de Lille aux XIVe, XVe et XVIe siècles*” image of 15th century French manuscript

⁶ Guillaume de Lorris “*Le roman de la Rose*” (1230)

This is a pilgrim satchel that is very easy to make. It is called the Martebo sack after an effigy in Martebo, Sweden where it is found.



This bag is excellent to carry some of your personal items and your plates and such. The blogpost from 16 May 2021 on [Handcrafted History](https://handcraftedhistory.blog) has the pattern for this sack.

Questions? ASK in your shire!

⁷ Picture from [Handcrafted History](https://handcraftedhistory.blog), blogpost 16 May 2021 "Martebo bag in linen fabric". <https://handcraftedhistory.blog> . accessed 9 Nov 2021

⁸ Etsy shop "Purpuratum". <https://www.etsy.com>, accessed 9 Nov 2021